

# UNDERSTANDING DIFFERENT TYPES OF DEMENTIA

TYPE OF DEMENTIA	LIFE EXPECTANCY AFTER DIAGNOSIS	CAUSES	SYMPTOMS
<b>Alzheimer's Disease</b>	9 Years Average	Proteins form abnormal plaques and tangles. Kills neurons and brain tissue	Memory Loss, Confusion, Problems with Speech, Personality Changes, Hallucinations, Disorientation, Problems with Language, Losing Items, Anger, Multitasking, Missing Appointments, Depression
<b>Vascular Dementia</b>	3-5 Years Average	Reduced blood supply to the brain causing cell death by lack of oxygen to the brain tissue	Difficulty Understanding, Difficulty Concentrating, Balance Issues, Disorientation, Confusion, Memory Loss
<b>Lewy Body Dementia</b>	5-7 Years Average	Small deposits of proteins that appear in nerve cells	Violence, Hallucinations, REM Sleep Disorder, Problems with Thinking, Problems with Visual Perception, Difficulty Forming Words, Fainting, Depression, Difficulty Swallowing, Rigidity, Hallucinations, Episodes of "Trance-like" State, Expressing Emotions
<b>Frontotemporal Dementia (Pick's Disease)</b>	7-13 Years Average	Nerve cells in Frontal and Temporal Lobes die, while the pathways connecting them are damaged and shrink	Personality Changes, Memory Loss, Language & Speech Problems, Ambulatory Issues, Sexual Behaviors, Oral Fixations, Loss of Motivation, Loss of Inhibitions
<b>Parkinson's Disease</b>	10-20 Years Average	Decrease in dopamine levels causing abnormal brain activity in the Substantia Nigra	Rigidity, Tremors, Movement, Hallucinations, Problems with Thinking, Difficulty Swallowing, Constipation, Fatigue, Lower Speech Volume, Small Handwriting, Limited Trunk Rotation, Freezing, Balance
<b>CTE Chronic Traumatic Encephalopathy</b>	N/A	Blows to the Head and Repeated Concussions causing Tau proteins that kill brain cells	Aggression, Moodiness, Loss of Motivation, Loss of Impulse Control, Paranoia, Depression, Suicidal Thoughts, Impaired Judgement, Memory Loss, Sexual Compulsiveness, Violence, Drug Abuse, Alcohol Abuse
<b>Creutzfeldt Jakob Disease</b>	1 Year Average	Caused by an abnormal infectious protein called Prion. Prion infections cause sponge like holes	Rapid Deterioration, Personality Changes, Blurred Vision, Blindness, Insomnia, Speech Problems, Jerky Movements
<b>Alcohol - ARBD Wernicke-Korsakoff Syndrome</b>	8 Years Average	Alcohol directly kills brain cells. Alcohol effects Vitamin B1 absorption leading to permanent brain damage	Non-Empathetic, Lack of Focus, Problem Solving, Organizing, Poor Judgement, Lack of Motivation